

## **NEWS RELEASE**

**Contact:** Cheryl Armstrong

**Office:** (517) 655-3075

**Toll Free:** (866) 309-1069

**Email:** [cheryl@sunrisebasictraining.com](mailto:cheryl@sunrisebasictraining.com)

**2008 NRA Booth Number: 9642**



### **Introducing Sunrise VT Food Service Industry's Most Advanced & Complete Training System**

**Haslett, MI, USA, May 2008**

Sunrise Basic Training has teamed up with Lightspeed VT to create Sunrise Basic Training VT – a state-of-the-art virtual training system that maximizes productivity, accountability and cost effectiveness for restaurants and food service operations. Sunrise VT allows employers to effectively train employees in all areas of food service operations at any time, 24 hours a day, from any internet accessible computer in the world.

Based on the successful Sunrise Basic Training Food Service Series, a 10 DVD & CD training program launched in 2007, Sunrise VT presents the most advanced and complete training system available in the food service industry. Sunrise VT breaks training down into short, focused segments, using full motion video and interactive components to create an entertaining training experience that covers hundreds of essential skills and concepts in ten interactive courses:

- New Employee Orientation
- Quality Guest Service
- Workplace Safety and Security
- Food Safety and Sanitation
- Food Prep and Kitchen Operations
- Hosting and Cashiering
- Professional Table Service
- Beverage Service and Alcohol Awareness
- Enhance Selling
- Bussing and Dishwashing

Each employee is assigned a user name and password which the system uses to guide the trainee and track their progress. After short bursts of training have been delivered, the system tests the user to make sure they've retained the course content. If they have, they move on to the next segment. If not, the system automatically recaps the training and offers another testing opportunity.

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Sunrise VT tracks everything the user does, documenting employee training and generating reports that allow managers, owners, or corporate offices to see, with the push of a button, who's training and who's not, who's passing and – more importantly – who needs help. Sunrise VT can also capture and save important employee information – hire dates, training dates and scores, personnel comments, etc., and includes a communication tool called “Light Pad,” which allows employers to communicate directly with employees through the Sunrise VT system.

“There is nothing else like Sunrise VT in the food service industry today,” says Sunrise Basic Training President, Cheryl Armstrong. “Sunrise VT is a complete training system, easy to use and easy to manage. It was created in response to those who need a cost-effective training solution to train employees and track results all over the country or throughout the world.”

The Sunrise VT system is completely customizable for businesses who want to project their corporate image. This might be as simple as a main screen featuring the corporate logo, a personal message from the CEO, or customized content reflecting brand-specific policies and procedures.

Sunrise VT can train employees for only pennies a day. Annual subscription rates range from \$19.99 per month for a single training course at one location to \$99 per month for all ten training titles, and significant quantity discounts are available for multiple locations or chains. Contact Sunrise Basic Training toll free at 866-309-1069 or visit us online at [www.sunrisebasictraining.com](http://www.sunrisebasictraining.com).

Sunrise Basic Training, LLC is a leading provider of hospitality training programs. Developed with input from industry experts, Sunrise training programs help business owners and managers develop successful team members who contribute to the financial success and growth of their business.

Lightspeed VT is a global leader in interactive experience based training systems. Through proprietary rich video content delivery systems, engaging simulation tools and deep reporting metrics the Lightspeed VT system helps decrease costs, improve ROI and allows clients to exceed training goals.

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**Contact:** Cheryl Armstrong, Sunrise Basic Training **Address:** 819 Barry Rd., Haslett, MI 48840

**Direct Phone:** (517) 655-3075 **Toll Free** (866) 309-1069 **Fax:** (517) 655-6871

**Email:** [cheryl@sunrisebasictraining.com](mailto:cheryl@sunrisebasictraining.com) **Website:** [www.sunrisebasictraining.com](http://www.sunrisebasictraining.com)

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